

CLIENT:	CASE:	DATE:
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<b>SUDs</b>												
10												
9												
8												
7												
6												
5												
4												
3												
2												
1												
0												
<b>Images</b>												
v	1	2	3	4	5	6	7	8	9	10	11	12
	Content:	Content:	Content:	Content:	Content:	Content:	Content:	Content:	Content:	Content:	Content:	Content:

HANDOUT 12.2 **EMDR Future Template grid** (Can also be used to list multiple targets, triggers in the Marr OCD protocol, performance enhancement and 'flashforwards') © David Blore Associates Ltd 2014